

DEL MAR WORKOUT TAB (November 27, 2025)

Dirt - Fast

2F			4F			5F		
Goaltender	Paula Capestro	:24.20 H	Allequin Summer	Paula Capestro	:51.00 H	Lady Aberdeen	Paula Capestro	1:02.80 H
			•Another Monarch (R)	Robert Hess, Jr.	:47.80 H			
			Delightful Laura	John Shirreffs	:48.20 H			
			Nameless	Sean Williams	:53.40 H			
			Trusty Rusty	Robert Hess, Jr.	:50.40 H			
3F			5F					
Lifelong Dream		:37.00 H	***El Diablo Rojo	Sean Williams	1:02.40 H			
Medici	Richard Mandella	:37.60 H						
Robin Olds	Philip D'Amato	:37.00 H						

• - Denotes Fastest work
*** Denotes Horse On List
Ⓜ Denotes Horse On Hisa Vet List
%{dam name} - Denotes Unnamed Horse
(R) Horse has not started in 120 days
(RR) Horse has not started in 365 days
□ - Denotes HISA not registered

Summary
Dirt - Fast

Distance	# Of Horses	Fastest Time	Slowest Time	Average Time
2 Furlongs	1	:24.20	:24.20	
3 Furlongs	3	:37.00	:37.60	:37.20
4 Furlongs	5	:47.80	:53.40	:50.16
5 Furlongs	2	1:02.40	1:02.80	